## What is claimed is:

- 1. A capacitor-reform method comprising:
  - charging at least one wet-tantalum capacitor in an implantable medical device; allowing the one wet-tantalum capacitors to discharge through system leakage after charging the one wet-tantalum capacitor in the implantable medical device; and
  - discharging the one or more of the wet-tantalum capacitors through a nontherapeutic load, after allowing the one or more wet-tantalum capacitors to discharge through system leakage.
- 2. The method of claim 1, wherein the implantable medical device has a housing and the non-therapeutic load is a resistor within the housing.
- 3. The method of claim 1, wherein the one wet-tantalum capacitor comprises a tantalum anode and a non-tantalum cathode.
- 4. The method of claim 1, wherein the implantable device includes means for defibrillation, means for cardioversion, or means for pacemaking.
- 5. A capacitor-reform method comprising:
  - charging at least one wet-tantalum capacitor to a high voltage relative its rated voltage or maximum-energy voltage;
  - partially discharging the one the wet-tantalum capacitors through system leakage after charging the one wet-tantalum capacitor to the high voltage; and
  - discharging the one or more of the wet-tantalum capacitors through a nontherapeutic load, after partially discharging the one or more wet-tantalum capacitors through system leakage.
- 6. The method of claim 5, wherein the high voltage is about 90 percent of the rated voltage or a maximum-energy voltage for the capacitor.

- 7. The method of claim 5, wherein the implantable medical device has a housing and the non-therapeutic load is a resistor within the housing.
- 8. The method of claim 5, wherein the one wet-tantalum capacitor comprises a tantalum anode and a non-tantalum cathode.
- 9. The method of claim 5, wherein the partial discharging is initiated after a time period of at least 60 seconds.
- 10. The method of claim 5, wherein the implantable device includes means for defibrillation, means for cardioversion, or means for pacemaking.
- 11. A capacitor-reform method comprising:
  - charging at least one wet-tantalum capacitor in an implantable medical device, in response to a reform signal from a processor in the medical device;
  - allowing the one wet-tantalum capacitors to discharge through system leakage after charging the one wet-tantalum capacitor in the implantable medical device; and
  - discharging the one or more of the wet-tantalum capacitors through a nontherapeutic load, after allowing the one or more wet-tantalum capacitors to discharge through system leakage.
- 12. The method of claim 11, wherein the implantable medical device has a housing and the non-therapeutic load is a resistor within the housing.
- 13. The method of claim 11, wherein the one wet-tantalum capacitor comprises a tantalum anode and a non-tantalum cathode.
- 14. The method of claim 11, wherein the implantable device includes means for defibrillation, means for cardioversion, or means for pacemaking.

- 15. A capacitor-reform method comprising: charging at least one wet-tantalum capacitor in a device to a voltage; allowing the one wet-tantalum capacitors to discharge through system leakage after charging the one wet-tantalum capacitor in the device; and discharging the one or more of the wet-tantalum capacitors through a load, after allowing the one or more wet-tantalum capacitors to discharge through system leakage.
- 16. The method of claim 15, wherein the device has a housing and the load is a resistor within the housing.
- 17. The method of claim 15, wherein the one wet-tantalum capacitor comprises a tantalum anode and a non-tantalum cathode.
- 18. The method of claim 15, wherein the device is implantable and includes a housing and at least one of means for defibrillation, means for cardioversion, and means for pacemaking; and wherein the load includes a resistor within the housing.